

## **Recovery Matters Fife Senior Managers: Our reflections Thursday 20 March 2014, Carnegie Centre, Dunfermline.**

### **Introduction**

“Recovery Matters 2014” is a baseline intervention for staff, paid or not, at any level of addiction treatment and related services. This workforce development opportunity comes free to ADP’s and treatment providers and our experience shows it has greater impact when senior managers and commissioners take part. We use current recovery research, ongoing examples of practice in Scotland and the local lived experience of long term recovery as standard in any of our workshops.

### **Our aim**

1. To contribute to a practice based recovery “paradigm shift” in the workforce
2. To build local learning from the lived experience of recovery
3. To use shared learning and dialogue based tools that respect the wisdom and experience of the participants
4. To bring local recovery assets into relationship with treatment providers for their mutual benefit.
5. To determine whether this would help senior managers in treatment and health engage more with recovery.

### **Were we successful in achieving this aim?**

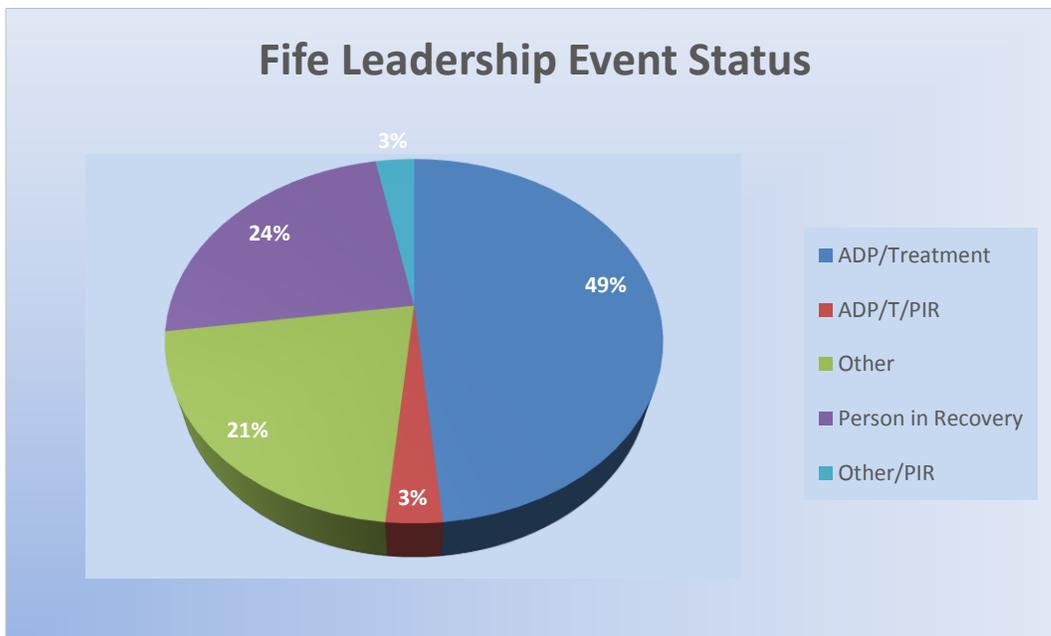
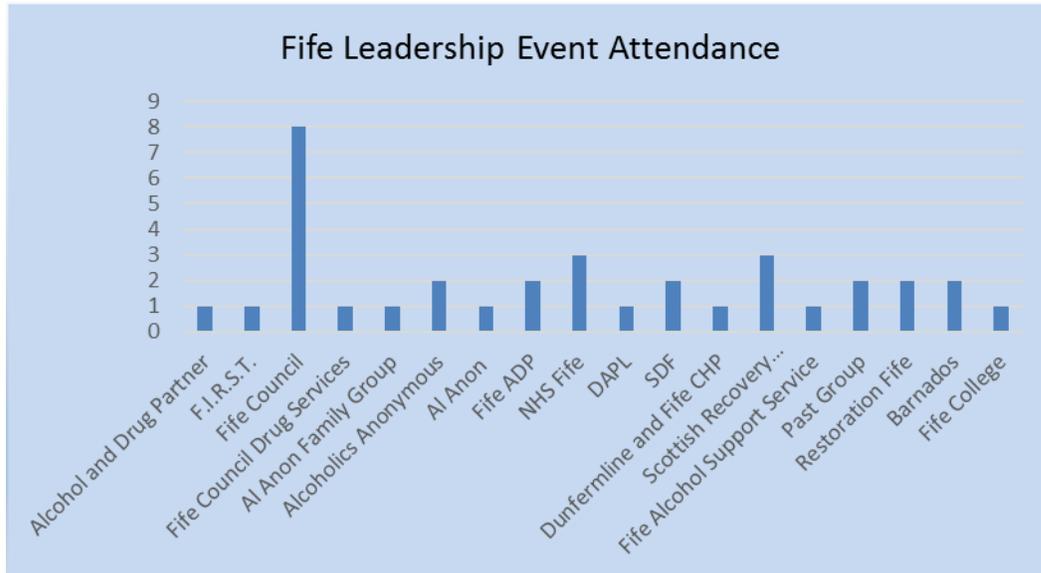
Yes and no. There was a great deal of positive feedback on the day from those at the workshop, and from the community based recovery assets in the formal SurveyMonkey. From that feedback and the registrations we can see that we had a wide spread of Senior Managers from disciplines related to addiction treatment but Senior Managers from the main treatment providers in Fife were low in number. One recovery community member noted in her feedback:

“Mix of people was better than previously-think that is one of the most important factors of a workshop. The share from the recovering alcoholic was also useful to professionals who have been trained but not experienced the problems personally.”

### **Event Planning**

The local ADP officer booked this workshop for its ADP members and Senior Managers in Health and Treatment in Fife. The invitation was sent out from ADP and registration was carried by SRC online registration process. Fife ADP met the costs for the venue and catering, while the SRC brought equipment, materials, seed shares and facilitators.

**Who came to the event?**



**Feedback**

“It was very interesting to discuss recovery with people who have different perspectives on recovery itself.”

“Yes, that our work with service users needs to involve a clear exit strategy into recovery.”

“I've been to other events now in similar style and haven't worked as you need a confident and engaging facilitator which the consortium always has. Many thanks for another enjoyable event.”

### **Visibility of Recovery- Initial impact**

A total of 24% of the participants were in recovery and talking to senior managers who had not in general had great exposure to the recovery movement activists or long term lived experience of recovery. Most had good deal of experience with service user involvement models but began, during the workshop, to see the recovery model as operating in a different landscape.

### **Visibility of Recovery- Recovery Bounce**

At the workshop we were able to identify one issue - access to GP's with up to date recovery information and get beyond the stuck phase with this. One of the 19 recovery commitments made at the workshop was to create a protected learning time event for primary care GP's and Health professionals. This has gone ahead and the first meeting about this takes place at the end of May.

### **What do we learn?**

We are coming clearer about what might be a better engagement method with Senior Managers who have really difficult and challenging diaries. Also for whom taking a day out for “Recovery Matters” might be a hard initial sell. We do find that once people have participated in the workshop their experience is so positive that their feedback ‘sells’ the workshop for us.

We think there is virtue in creating a 2 hour seminar that gives those who are not in front line delivery a good enough grounding for them to be curious to take part in a whole day workshop or event in the future.

We need to update our “Recovery, Treatment and You” film and make our annual adjustment to content of the workshop. The world of recovery is growing so quickly that to stay current we need to be update regularly.