

2015

LOCAL RECOVERY GROUPS DIRECTORY

- 03 Aberdeen
- 03 Aberdeenshire
- 05 Angus
- 05 Argyll and Bute
- 06 Dumfries and Galloway
- 06 Dundee
- 07 East Ayrshire
- 08 East Dunbartonshire
- 08 East Renfrewshire
- 09 Edinburgh
- 11 Fife
- 12 Forth Valley
- 12 Glasgow
- 18 Inverclyde
- 19 Lanarkshire
- 20 Mid and East Lothian
- 21 North Ayrshire
- 21 Perth and Kinross
- 22 Renfrewshire
- 22 South Ayrshire
- 23 West Dunbartonshire
- 24 West Lothian

Aberdeen

ABERDEEN IN RECOVERY (AIR)

Address: The Foyer, Marywell Street, Aberdeen
Email: info@aberdeeninrecovery.org
Facebook: Aberdeen in Recovery
Telephone: 07788 660 245
Contact: Lynn Esslemont
Town/City: Aberdeen
Day: Saturday 10am-2pm

ATMOSPHERE

Address: The Foyer, Marywell Street, Aberdeen
Email: info@aberdeeninrecovery.org
Facebook: Atmosphere (AiR)
Telephone: 07788 660 245
Contact: Lynn Esslemont
Town/City: Aberdeen

Aberdeenshire

FOOD PLATTERS, RECOVERY MATTERS

Address: Community Kitchen, Linden Centre, Huntly, Aberdeenshire
Website: www.aberdeenshireadp.org.uk
Email: [desyboy4u@gmail.com/](mailto:desyboy4u@gmail.com)
naida.sneddon@aberdeenshire.gov.uk
Facebook: www.facebook.com/centralcommunityforum
Telephone: 01464 861057 or 01467 641444/
07780 954819
Contact: Des Allison, Naida Sneddon
Town/City: Huntly, Aberdeenshire
Day: Every Friday (except the first of each month)
1pm-3pm

Aberdeenshire

GRAMPIAN FAMILY SUPPORT

Website: www.gfsf.org.uk
Email: grampianfsgforum@yahoo.co.uk
Facebook: Grampian Family Support Forum
Contact: Sheila Mckay
Town/City: Aberdeen

LINKS RECOVERY CAFÉ

Address: Tesco's Community Space, Inverurie, Aberdeenshire
Website: www.aberdeenshireadp.org.uk
Email: naida.sneddon@aberdeenshire.gov.uk
Facebook: www.facebook.com/centralcommunityforum
Telephone: 01467 641444 or 07780 954819
Contact: Naida Sneddon
Town/City: Inverurie, Aberdeenshire
Day: Every second Thursday 1.30 - 3.30

SHARE

Email: ggsturton@aol.com
Telephone: 07515 512 457
Contact: Graham Sturton



Angus

WELLBEAN CAFÉ

Email: robertmhm@gmail.com
Telephone: 07803 184854
Contact: Robert Marshall

Argyll and Bute

MAXIE RICHARDS FOUNDATION

Address: Tignabruich
Website: www.maxierichards.org.uk
Email: staff@kingscourtsupport.com
Facebook: Maxi Richards Foundation
Telephone: 07867 920 904
Contact: John McLaughlin
Town/City: Tignabruich
Day: Everyday

RE-CONNECT G7

Address: Campbeltown
Email: joe.re-konect@mobileemail.vodafone.net
Telephone: 07919 541 826
Contact: Joe Keenan
Town/City: Campbeltown
Day: Every 2nd Friday



Dumfries and Galloway

ROC CAFÉ

Address: Oasis Centre, Newall Terrace, Dumfries
Email: hthompson@adssws.co.uk
Telephone: 01555 504550
Contact: Hazel Thompson
Town/City: Dumfries
Day: Friday 5pm-7pm

Dundee

5TH PRECEPT DUNDEE & PERTH

Address: Nilipul Centre, 51 Reform St
Dundee, DD1 1SL
Website: www.5th-precept.org
Email: scotland@5th-precept.org
Facebook: Fifth Precept Meditation Group
Telephone: 07739 819 565
Contact: Stuart Brindley
Town/City: Dundee
Day: Saturday

R&R CAFÉ

Address: Mark Henderson Centre
Ann Street, Dundee
Email: nan.boyd@crossreach.org.uk
Facebook: R & R Café Dundee
Telephone: 07595 120 011
Contact: Nan Boyd
Town/City: Dundee
Day: Friday 11am-2pm

Dundee

RECOVERY MATTERS GROUP

Address: CAIR Scotland, Dundee
Email: karen.robertson@cairscotland.org.uk Tel-
ephone: 01382 200 532
Contact: Karen Robertson
Town/City: Dundee
Day: Monday 12.30pm-2.20pm



East Ayrshire

ARTISTIC CREATIONS

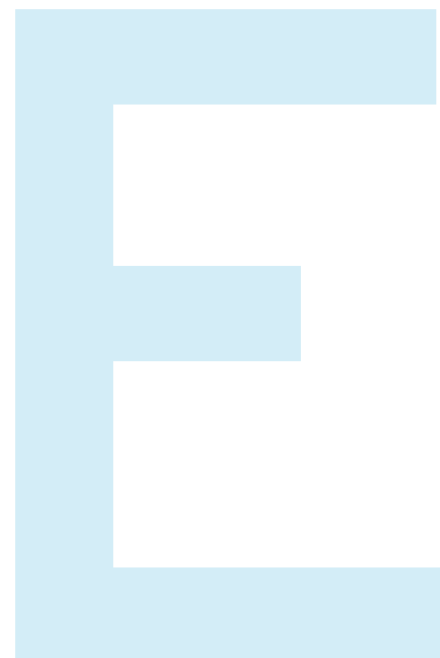
Address: 40 Solis Street, Kilmarnock
Email: Ab.1963@hotmail.co.uk
Facebook: Artistic Creations
Telephone: 07760 665 541
Contact: Allan Brown
Town/City: Kilmarnock
Day: Thursday 10.30am

EAST AYRSHIRE RECOVERY GROUP

Address: 41 Solis Street, Kilmarnock
Email: eastayrshirerecoverygroup@gmail.com
Telephone: 01563 558777
Contact: Richard Moreland
Town/City: Kilmarnock
Day: Monday 10.30am-11.30am

WEE JEANIES BAZAAR

Address: Grass Project, 18 Lawson Street
Kilmarnock, KA1 2JP
Email: jacie.white@cvoea.co.uk
Telephone: 01563 574 000
Contact: Jackie White
Town/City: Kilmarnock
Day: Monday & Thursday



East Dunbartonshire

G.R.A.C.E.

Address: Unit 4/5, 18/20 Townhead
Kirkintilloch, G66 1N1
& Hillhead Community Centre
169 Meiklehill Road,
Kirkintilloch, G66 2JT

Website: www.graceaftercare.co.uk
Email: info@graceaftercare.co.uk
gracesmailis@gmail.com

Facebook: G.R.A.C.E.
Telephone: 07401 797 876
Contact: Robert Smith
Town/City: Kirkintilloch
Day: Monday-Friday 9am-5pm,
Saturday 10am-4pm

UR LIFE

Address: 21 Broadcroft Road,
Kirkintilloch, G66 1HP

Email: natalielogan79@gmail.com
Telephone: 07518 581 048
Contact: Natalie Logan
Town/City: Kirkintilloch
Day: Thursday 10am-12pm

East Renfrewshire

PARTNER

Address: Salvation Army, Main Street,
Barrhead

Email: partner.er@hotmail.co.uk
Telephone: 07761 545 001
Contact: Iain McWilliams
Town/City: Barrhead
Day: Wednesday 12pm-2pm

Edinburgh

ARIA THEATRE CO.

Email: wallace2go@yahoo.co.uk
Facebook: Arts Recovery in Alba
Telephone: 07908 969 278
Contact: Colin Wallace
Town/City: Edinburgh

CHOOSE LIFE GROUP

Address: 52 Queen Street
Edinburgh, EH2 3NS
Website: www.simpson-house.org
Email: paul.nicholson@crossreach.org.uk
Facebook: Choose Life Simpson House
Telephone: 0131 225 6028
Contact: Paul & Liz
Town/City: Edinburgh
Day: To find out call Paul or Liz

IF

Website: www.ifdas.net
Email: mark@ifdas.net
Telephone: 07973 266 438
Contact: Mark Bittel
Town/City: Edinburgh

KIRKLOAN INITIATIVE

Address: 53 Queen Street, Edinburgh, EH2 3NS
Website: www.simpson-house.org
Email: liz.forrester@crossreach.org.uk
Facebook: Kirkloan talks
Telephone: 0131 225 6028
Contact: Paul & Liz
Town/City: Edinburgh
Day: To find out call Paul or Liz

Edinburgh

RECOVERY KIDZ

Scottish Charitable Incorporated Organisation
(SCIO) No SC045738

Email: recoverykidz@outlook.com
Facebook: Recovery Kidz
Telephone: 07511 017579
Contact: Joan & Nicola
Town/City: Edinburgh

SERENITY CAFÉ

Address: 8 Jackson Entry
Edinburgh, EH8 8PJ
Website: www.serenitycafe.co.uk
Email: mail@comas.org.uk
Facebook: Serenity Cafe Edinburgh
Telephone: 0131 556 8765
Town/City: Edinburgh
Day: Everyday

SMS PEER SUPPORT GROUP

Address: 200 Bonnington Road
Edinburgh, EH6 5NL
Email: wilma.easton@edinburgh.gov.uk
Telephone: 0131 469 6207
Contact: Wilma Easton
Town/City: Edinburgh
Day: Thursday 10am-12pm

VINTAGE REHAB

Address: 4/1 Murieston Lane, Edinburgh
Website: www.vintagerehab.co.uk
Email: info@vintagerehab.co.uk
Facebook: Vintage Rehabs
Telephone: private
Contact: Hilary Braidwood
Town/City: Edinburgh

Edinburgh

WHAT NEXT?

Email: peter.charad@hotmail.co.uk
Facebook: Peter Charad
Telephone: 07896 870 875
Contact: Peter Charad
Town/City: Edinburgh

Fife

FRESH

Address: DAPL Glenrothes
Email: freshinfife@gmail.com
Facebook: FRESH in Fife
Contact: Louise Bowman
Town/City: Glenrothes
Day: Friday 1pm, Thursday 5pm

RESTORATION

Email: restorationfife@gmail.com
Facebook: Restoration Fife
Telephone: 07501 176 234
Contact: Claire & Liam
Town/City: Fife
Day: Check the website

SOLO

Address: Macedonia Community House,
Glenrothes, Fife, KY6 1JQ
Email: johnglory999@yahoo.com
Telephone: 07899 415 237
Contact: John Guthrie
Town/City: Glenrothes
Day: Monday 6.30pm-8.30pm

Forth Valley

POP UP RECOVERY

Address: Heritage Rooms, 13 Milton Row,
Dunipace, Falkirk
Email: dc04@btopenworld.com
Telephone: 07950 245 022
Contact: David Christie
Town/City: Dunipace

RECOVERY FILMS LTD

Email: recoveryfilmsltd@btinternet.com
Facebook: Recovery Films
Telephone: 01259 769478 07861 671 845
Contact: Russ Williamson-Fenton
Town/City: Clackmannanshire

Glasgow

THE ARC

Address: Whiteinch Centre
Northinch Court, G14 OUG
Email: The_arc_glasgow@yahoo.co.uk
Facebook: The ARC aftercare recovery community
Telephone: 0141 950 4434 0141 950 4434/
07966452062
Contact: Theresa Arneil
Town/City: Glasgow
Day: Friday 10am-3pm

CHARLIE CANNING CENTRE

Address: 181 Shettleston Road
Glasgow, G31 5JL
Email: charlie.c181@gmail.com
Telephone: 0141 556 6296
Contact: Jim McArthur
Town/City: Glasgow

Glasgow

CREW

Address: Jenniburn Centre, Castlemilk
 Email: crewrecovery@gmail.com
 Facebook: CREW Recovery
 Telephone: 07979 027 931
 Contact: George
 Town/City: Castlemilk
 Day: Thursday 10am-2.30pm

DRUMBCHAPEL DROP IN

Address: Drumchapel Community Centre
 Kinfauns Drive, Drumchapel,
 Glasgow, G15 8NH
 Email: allan.houston@sw.glasgow.gov.uk
 Telephone: 0141 531 9254
 Contact: Allan Houston
 Town/City: Glasgow
 Day: Wednesday

GRO

Address: 15, St Margaret's Place
 Saltmarket, Glasgow, G1 5JY
 Email: donna@glasgowrecoveryorganisation.org
 Facebook: The Cusp
 Email: info@glasgowrecoveryorganisation.org
 Contact: Donna Campbell
 Town/City: Glasgow
 Day: 6 days a week, from 8am

JUST LIKE US

Address: Milton Church, Egilsay Crescent
 Milton, G22 7PF
 Website: www.justlikeus.co.uk
 Email: justlikeusmilton@gmail.com
 Telephone: 07917 410 006
 Contact: Loraine & Gerry
 Town/City: Glasgow
 Day: Wednesday & Thursday 9.30am-3pm



Glasgow

NERC

Email: NERC1@outlook.com
Telephone: 07847 301 397
Contact: Paul Donachy
Town/City: Glasgow

NERD

Address: 26 Penston Road
Glasgow, G33 4AG
Email: northeastrecoveryday@gmail.com
Facebook: North East Recovery Day - NERD
Telephone: 07810 868 714
Contact: Paul Cassidy
Town/City: Glasgow
Day: Saturday 9am-1pm

NORTH WEST RECOVERY COMMUNITY

Email: mark.healy@ggc.scot.nhs.uk
Telephone: 07557 651 805
Contact: Mark Healy
Town/City: Glasgow

NORTH WEST RECOVERY MENS GROUP

Address: The ARC, Whiteinch Centre
Email: allan.houston@sw.glasgow.gov.uk
Telephone: 0141 531 9254
Contact: Allan Houston
Town/City: Glasgow

NORTH WEST RECOVERY WOMANS GROUP

Address: The ARC, Whiteinch Centre
Email: allan.houston@sw.glasgow.gov.uk
Telephone: 0141 531 9254
Contact: Tracey Myatt
Town/City: Glasgow

Glasgow

PARC

Address: Church of Nazarene, 12-14 Burgher Street
Parkhead, G31 4TB
Email: NERC1@outlook.com
Telephone: 07806 673 025
Contact: Sarah Jane
Town/City: Glasgow
Day: Wednesday

RAFT

Address: Adelphi Centre, Commercial Road
Gorbals
Email: john.mccann@ggc.scot.nhs.uk
Facebook: R.A.F.T
Telephone: 07557 012 888
Contact: John McCann
Town/City: Glasgow
Day: Friday

RAFT WOMANS GROUP

Address: Adelphi Centre, Commercial Road
Gorbals
Email: seragroup1@gmail.com
Telephone: 07939 505 251
Contact: Laura Paul
Town/City: Glasgow
Day: Friday

RENEW

Address: Carlton Heritage & Learning Centre
423 London Road, G40 1AG
Email: NERC1@outlook.com
Telephone: 07552 347 946
Contact: Sarah Jane
Town/City: Glasgow

Glasgow

RISE THE RECOVERY CAFÉ

Address: 91 Holmfauld Road,
Glasgow, G51 4RY
Email: riserecoverycafe@gmail.com
Facebook: RISE - the recovery café
Town/City: Glasgow
Day: Saturday 11am-2pm

SEA MUSIC

Address: Adelphi Centre, Commercial Road
Gorbals
Email: urbanacidfrenzy@yahoo.co.uk
Facebook: Serb South
Telephone: 07460 826 879
Contact: Paul Clark
Town/City: Glasgow
Day: Monday & Friday

SERAG

Address: Adelphi Centre, Commercial Road
Gorbals
Email: seragroup1@gmail
Telephone: 0141 429 8181
Contact: Paul Feeney
Town/City: Glasgow

SOUNDINNERSPACE

Email: soundinnerspace@gmail.com
Telephone: 07426 026 677
Contact: Robert Anderson
Town/City: Glasgow

Glasgow

SUNDAY SOCIAL

Address: The Bridge, 1000 Westerhouse Road
Glasgow, G34 9JW
Email: walterbrown@live.co.uk
Facebook: Sunday Social at the Bridge
Telephone: 07908 477 543
Contact: Walter Brown
Town/City: Glasgow
Day: Sunday

SWEET FOR ADDICTS

Website: www.sweetforaddicts.co.uk
Email: solutions24@talk21.com
Contact: Mark Williamson
Town/City: Glasgow

UNITY FOOTBALL

Email: matthewbrannan@live.co.uk
Facebook: Unity Fc
Telephone: 07450 991 119
Contact: Matthew Brannan
Town/City: Glasgow



Inverclyde

INVERCLYDE RECOVERY CAFÉ

Address: Methodist Church, Ardgowan St
Greenock
Website: www.inverclyderecoverycafe.com
Email: Jamie.Conway@yourvoice.org.uk
Facebook: Inverclyde Recovery Café
Telephone: 07949 876 334
Contact: Jamie Conway
Town/City: Greenock
Day: Wednesday & Friday

INVERCLYDE RECOVERY DRAMA

Address: Your Voice, 12 Clyde Street, Greenock
Email: enquiries@yourvoice.org.uk
Telephone: 01475 728628
Contact: Jamie Conway
Town/City: Greenock
Day: Tuesday 10am-12pm

INVERCLYDE RECOVERY JAM

Address: Your Voice, 12 Clyde Street, Greenock
Email: Jamie.Conway@yourvoice.org.uk
Telephone: 07437 314811
Contact: Johnny McGuigan
Town/City: Greenock
Day: Wednesday

JERICO HOUSE

Address: 5/7 Bank Street, Greenock
Email: jerichosociety@googlemail.com
Telephone: 01475 741 950
Contact: Michael
Town/City: Greenock

Inverclyde

GEESE

Address: Moving on, Renfrew House,
26 Brougham Street, Greenock
Email: patriciacompston@hotmail.co.uk
Facebook: Moving On Inverclyde
Telephone: 07539 903 943
Contact: Patricia Compston
Town/City: Greenock
Day: Friday

Lanarkshire

ABC SUPPORT GROUP

Address: Joe Mckay Centre, Bellshill
Email: ABCsupportgroup2006@hotmail.co.uk
Telephone: 07561 015 050
Contact: Alex Leckie
Town/City: Bellshill
Day: Tuesday 10am-1pm

BLAMELESS

Address: Hamilton Academical FC Stadium
New Douglas Park, Cadzow Avenue
Hamilton, ML3 0FT
Website: www.blameless.org.uk
Email: blamelesscharity@gmail.com
Facebook: Blameless Charity
Telephone: 07880 230 828
Contact: Bill Mckay
Town/City: Hamilton

Lanarkshire

BLANTYRE RECOVERY CAFÉ

Address: Blantyre Community Centre
3 Calder Street, Blantyre, G72 0AU
Email: dannycowan81@gmail.com
Blantyrecoveryhub"
Telephone: 07449 305 532
Contact: Danny Cowan & Kevin Scott
Town/City: Blantyre
Day: Wednesday 2pm-6pm

LANARKSHIRE RECOVERY CONSORTIUM

Address: Unit 47, Fountain Business Centre
Ellis Street, Coatbridge, ML5 3AA
Website: www.lanarkshirerecoveryconsortium.com
Email: derek@lanarkshirerecoveryconsortium.com
Contact: Derek McCabe
Town/City: Coatbridge

Mid and East Lothian

HORIZONS CAFÉ

Address: 6a New Mills Rd, Dalkeith, EH22 1DU
Email: katrina.h.campbell@nhslothian.scot.nhs.uk
Telephone: 07947 458 962
Contact: Pete Adams
Town/City: Dalkeith
Day: Friday 10am-3pm

STARFISH RECOVERY CAFÉ

Address: Hope Church, 49 Bridge Street
Musselburgh, Edinburgh, EH21 6AA
Email: mocolquhoun@hotmail.co.uk
Facebook: Starfish, East Lothian Recovery Café
Telephone: 07587 695 925
Contact: Morag Colquhoun
Town/City: Musselburgh
Day: Wednesday 10am-2pm

North Ayrshire

IRVINE TEEN CHALLENGE

Address: Irvine
Email: geriberibob@googlemail.com
Telephone: 07783 778 364
Contact: Geri Mclellan
Town/City: Irvine
Day: Friday night

N

RAW

Address: Café Solace
Church of the Nazarene, 150 Glasgow St,
Ardrossan KA22 8EU
Email: recoveryatwork1@gmail.com
Telephone: 07402 148896
Contact: Morag Gallacher
Town/City: Ardrossan
Day: Wednesday 5pm-8pm

Perth & Kinross

PAST

Address: Highland House
St Catherines Road, Perth
Email: pastgroup1@gmail.com
Telephone: 07516 427 810
Contact: Tony Duffy
Town/City: Perth
Day: Tuesday 9am-1pm

P

Renfrewshire

ROUTE 66

Address: RCA Trust, Mirren House
Back Sneddon Street
Paisley PA3 2AF.
Email: route66pai@live.com
Telephone: 07770 679339
Contact: Pauline Trevarthen
Town/City: Paisley
Day: Monday 11am-1pm

SUNSHINE RECOVERY CAFÉ

Address: St. Matthew's Church
Gordon Street, Paisley
Email: sunshinerecoverycafe@gmail.com
Telephone: 0141 314 4022
Contact: Rowan Anderson
Town/City: Paisley
Day: Wednesday, 1pm-4pm

South Ayrshire

INSPIRE TROON

Address: Lighthouse Church
Ailsa Road, Troon,
KAD 6DB
Email: richardmcminn@outlook.com
Telephone: 07985 348 004
Contact: Richard McMinn
Town/City: Troon
Day: Tuesday 10am-12pm

R

S

South Ayrshire

RECOVERY AYR

Address: 59 John Street, Ayr
Email: recoveryayr@gmail.com
Facebook: RecoveryAyr
Telephone: 01292 612147/07805 765166
Contact: Adam Holland
Town/City: Ayr
Day: Friday

West Dunbartonshire

FAST RECOVERY CAFÉ

Address: St Augustins Church, Dumbarton
Email: Fastnews@hotmail.co.uk
Facebook: FAST West Dunbartonshire
Telephone: 07775 000852
Contact: Kate Hamill
Town/City: Dumbarton
Day: Tuesday 1pm-4pm

FAST FORWARD

Address: St Augustins Church, Dumbarton
Email: kate.hamill@ggc.scot.nhs.uk
Facebook: FAST West Dunbartonshire
Telephone: 01389 776887/07775000852
Contact: Kate Hamill
Town/City: Dumbarton

West Lothian

WEST LOTHIAN RECOVERY HUB

Address: Cyrennians, Bathgate
Email: annemariesneddon@cyrennians.org.uk
Telephone: 01506 205413
Contact: Anne-Marie Sneddon
Town/City: Bathgate
Day: Monday 12pm-3pm

