

# Recovery communities worksheet 2: Building a recovery network or community



## Step one - Connect

Who else in your area shares your interest in recovery? Who could help you to bring these people together?

---

---

---

## Step two

How can you build effective relationships within the network or community?

---

---

---

## Step three

What themes are emerging in the conversations between you?  
What dreams do you have for recovery in your area?

---

---

---

## **Step four**

### **List your assets:**

People \_\_\_\_\_

\_\_\_\_\_

Resources \_\_\_\_\_

\_\_\_\_\_

Wisdom \_\_\_\_\_

\_\_\_\_\_

Finance \_\_\_\_\_

\_\_\_\_\_

## **Step five**

What small or large action can you take together in the near future?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## **Step six**

How will you support your individual recovery during the action phase?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Remember to tell us about your progress! Good news inspires others, lessons learned are lessons shared with the whole community.